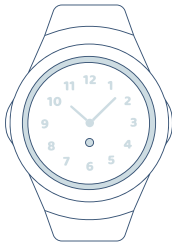




MGMove



**The ultimate smartwatch with built-in
life safety capabilities**

Powered by 4G LTE

Product details

A **SOS button** (red)

Press and hold for 5 seconds to make an emergency call. A quick press here can also be used to take you back to your previous screen.

B **Sleep/wake button** (black)

Press and hold for 20 seconds to reboot system if needed. When the device is out of battery and placed on the charging cradle, it requires a 20 second press on this button to boot up.

C **Adjustable wristband**

The metal clasp and rubber wristband work together to provide the perfect fit. **You must unlatch the wristband to charge your device.**

D **Signal dot indicator light**

On the watch face, there will be a dot that represents your signal strength. This will show as green (good signal), yellow (ranging from good to poor signal), or red (no signal).

E **Battery light status**

When you place your smartwatch on the charging cradle, the light will show your charge status. This will show as green (full charge), yellow (not charging/adjust cradle), or red (under 97% charge).

What's in the box



MGMove



**Charging
cradle**



**Charging brick
& USB cable**

Core features

Your device is full of useful features that you can access with the swipe of your finger. To access your apps, tap the watch face.



Call is being
placed



Call in
progress

Reporting an emergency

The SOS app is one of two ways to activate the device to get help from our Monitoring Center. Tap the SOS icon to initiate help. You can also press and hold the physical red SOS button on the side of the **MGM**ove for 5 seconds (*be sure to hold for the entire countdown*). In the event of a false alarm, you can cancel the alarm within the 5 second window.





Testing in progress



Step counter



Weekly view

Test

The test app should be pressed at least once a month to ensure that your device is operating correctly in the event of an emergency. You can test your device with an automated recording rather than sending an actual alarm to an agent. Your device will indicate that the test call was successful.

Steps

The steps app tracks the number of steps taken daily and weekly. To view your weekly results, select “week” and scroll down to view your steps for that week. To set your goal, click on the settings button within the steps app and tap + or -. The reset option can be used to set your goal back to 0. Once the goal has been adjusted, press the (red) back button to get back to the main screen.



Weather



Watch face
options



Powering
down

Weather

The weather app will use the current location of your device to display the current conditions.

Settings

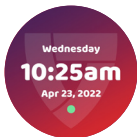
Here you can change your watch face style or update your **shake to wake** preference. To change your watch face, tap the “watch face” option. Swipe to the watch face of your choice and tap it. The tap will save your selection. Press the side red SOS button to go back. **Shake to wake** is defaulted to off. Turning **shake to wake** on may decrease your battery life.

Power down

The power down app will turn off your device. When the power down app is used, the device requires a 5 second press on the black button or cradling to power back on.

Signal strength & battery percentage

The signal strength is shown on the watch face as a colored dot: Green (good signal), yellow (ranging from good to poor signal), or red (no signal).



The pull-down screen displays battery percentage, signal strength, daily step count, and the current weather. To view, slide your thumb from the top of the watch face down to the bottom of the screen. The expected battery life is 24 hours.



Important things you should know

- The watch face serves as your home screen.
- Swipe down from the watch face to reveal the pull-down menu.
- Tap the screen to access your apps. Swipe left to navigate to the second page of apps.
- While using an app, swipe right or press the red SOS button to return to the main menu.
- Messaging and Reminders are not currently available with your program.

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If you need additional assistance, our Customer Care team can be reached at **1 (800) 645-2060**.

Monday to Friday: 8:00 AM – 8:00 PM ET,
Saturday to Sunday: 9:00 AM – 8:00 PM
ET for Technical Support.